



THE SCANNER

SCA NEWSLETTER

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ISSUE NO. 5

OCTOBER - NOVEMBER, 1990

LOOK AT US NOW!

THE SCANNER COMES OF AGE

No, your eyes aren't deceiving you. High tech has come to *the SCanner* to produce a newsletter you no longer have to squint to read.

This issue, compiled by Richard K. in Atascadero, CA., was transmitted via computer modem to Los Angeles, imported into a word processor, "poured" into a desktop publisher, output as camera-ready image, reproduced on photographic plates and commercially printed.

This will be our publication method from now on. It is part of our dedication to bringing you a readable and useful source of information about the program. Doing this requires the support of many people with various skills and talents.

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THE SCA INTERGROUPS OFFERING THEIR STRENGTH, HOPE AND EXPERIENCE

Many SCA members, especially the newer ones, have only a vague awareness of this thing called INTERGROUP. Many are so tied up in maintaining sobriety and getting into recovery, that the organizational workings of SCA are of little importance to them. Yet the SCA Intergroups have a very important function in the Fellowship.

SCA Intergroups — presently Atlanta (actually composed of representatives from SCA, SAA, SA and SLAA), Chicago, New York, San Diego and Southern California — are the activity coordinating bodies of the Fellowship. They provide a forum for the discussion of issues pertinent to their membership as a whole as well as furnish guidance to member Groups, but they do not dictate how each Group handles its affairs.

Outreach, or Twelfth-Step work, within the parameters of our Traditions — attraction rather than promotion — is a major function. In other words, letting sexual compulsives out there know that there is such a thing as SCA. Answering questions about the Program, meetings, recovery and other subjects which are so very important to prospective members and newcomers. Sending information to those wishing to form groups. Mailings of informative letters to

judges, attorneys, DA's, therapists, and the like, so that these professionals know enough about our Program that they may wish to refer people to SCA. Even occasional press releases and generalized notices about the organization.

Formulating and printing SCA literature, including the recovery booklets — a Fellowship-wide revised version is now about to hit the presses — is another Intergroup service. An SCA version of *Hope and Recovery* is a good possibility, since the rights to that

book have been bequeathed to SAA. And of course, this newsletter — the SCanner. Although these activities are coming under the purview of the recently formed SCA International Service Organization (ISO), that body is in turn funded by the various Intergroups.

Retreats, informational voice-mail phone lines, helping new groups obtain literature, entertainment, social activities, hospital and institutional work, fund-raisers and conferences and multi-group workshops are other Fellowship-related activities which are handled and coordinated by the Intergroups. Fortunately, most of the work is done as service by the members, but money is, as with most everything, a necessity.

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SCAnning New York

By Bob R.

This is the first in a series of columns from the Big Apple. We're hoping to keep members in the rest of the country informed about the doings in New York SCA.

In the long afterglow of the anniversary conference in June, meetings here were pretty serene. But libidos started frazzling as the temperature went up and up, and a common meeting topic became, "What do you do when a beautiful guy walks by without a shirt?" Typical opinions: "Close your eyes." "Repeat the Serenity Prayer 'til he's gone." "Look on it as a gift instead of a threat!"

NEW MEETINGS ON THE HORIZON?

Meetings keep getting larger, but no new ones have started in the past few months. Two interesting ideas are making the rounds, though.

One is Danny J.'s inspiration: a support group for people having trouble with masturbation. Danny's

"Once in the program and free of compulsive acting out, some of us make the startling discovery that we're actually scared of sex."

scouring the city for a viable meeting place, but in New York that's getting harder and harder to find. New twelve-step groups are abounding, and the old regulars like AA and Al-Anon seem (like us) to keep coming up with new kinds of meetings. The Gay & Lesbian Community Center, where two-thirds of our meetings are held, hasn't had a free meeting room left for quite a while.

SCA has never taken a formal "stance" on masturbation. Members' opinions on the topic have varied greatly, but fit into three general categories: (1) Masturbation is a threat to sobriety and should be avoided; (2) Masturbation is an acceptable element in a healthy sex life; (3) Masturbation can never be wholly rewarding but provides an interim sexual activity while we work towards something more fulfilling.

Good luck, Danny, and if he gets the meeting started we'll keep you all posted on it.

Another interesting idea, being mulled over by John C., is a Sexual Anorexia meeting. Once in the pro-

gram and free of compulsive acting out, some of us make the startling discovery that we're actually scared of sex. Many go through a period of finding even the thought of it repulsive. Overnight, we seem to have been transformed from Caligula into Saint Aloysius Gonzaga. A smiling hunk suddenly looks like a leering gargoyle — and that's not the kind of sobriety we want. Other members report having always felt an aversion to sex that qualifies as an obsession in its own right, as debilitating as the compulsion to act out sexually. How do we get rid of this crippling dread?

It seems SLAA has a meeting on sexual anorexia, and John is investigating to see if local SCA members would be interested in starting that sort of meeting in New York.

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From Your Servant . . .

Well, we made it. The big day for moving into the house we call Los Robles in Atascadero was July 24. It was swarming with contractors trying to finish up; the moving truck got hung up in the driveway at the top of the hill and the two movers unloaded our 11,000 pounds of stuff about 200 feet down a 15% grade just by their hunkiness. I'm afraid I lost my serenity — but not my sobriety — many times over the first couple of weeks!

Many lessons experienced: hopefully a few of them LEARNED! If one (ME) doesn't let go of things one can't possibly control and turn them over to God, one will make a mess of things. In my case, I actually made myself physically sick.

But the days have mellowed now, and we've been able to sit back and experience the house and the land and just say, "WOW! Not

too shabby!" The whole experience up here is just wonderful. A doe and her fawn occasionally drop by to munch in the evenings, sometimes in the company of one or two three-point bucks. A clutch of wild turkeys wandered through the other day, and it's time for the yearly tarantula trek here in the hills. Each dawn is different — this morning the sun is bright, but there's a haze over the valley below. A couple of days ago, it was overcast and chilly with a feel of rain — which never materialized — in the air. We've gone to the hardware store and bought a shovel, wheelbarrow, rake, work gloves and all that country-life stuff. We even have a real RFD mailbox up on the road with a red flag on it!

My Partner and I celebrated our 20th year together — yep, we're still hanging in — with two close friends at A.J. Spurs's Saloon and Dining Hall in Templeton, gorging ourselves while listening to 50's and 60's songs sung by a guy who was

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MY STORY

DEAR LOVER, RELATIVE, FRIEND OF A SEXUAL COMPULSIVE

By Bradley W.

Right about the time of my 30th birthday, I met this gorgeous guy — a mutual friend introduced us. I manipulated our next meeting and finally got him over for lunch where I learned he had had "some gay experience." That was the green light I was looking for. I chose to ignore the subtle reticence I perceived in him. That reticence turned out to be his particular brand of sexual compulsion which, without going into detail, had kept him from mature, intimate relationships. I didn't know then that the way I kept myself from mature, intimate relationships was to systematically fall in love with people who had another priority: sexual, alcohol or drug addiction. This way I could be guaranteed the victim role (a role I've been comfortable with since childhood) and blame any lack of intimacy, sexual satisfaction or joy on him. Very clever: I didn't take any responsibility for my happi-

"I didn't know then that the way I kept myself from mature, intimate relationships was to systematically fall in love with people who had another priority . . ."

ness; it was all up to him. This recipe for trouble is my particular brand of sexual compulsion: I'm a co-sexual compulsive — someone whose life became unmanageable due to some ELSE's sexual compulsion.

This gorgeous guy chose to tell me about his sexual addiction, and the suffering it caused him, at the beginning of our relationship. My first thought upon hearing his dramatic and painful story was to make up to him his suffering and

pain with my love and compassion. I wanted to save him. Later I discovered that this desire is the top part of the co-addict/addict ratio: GRANDIOSITY over low self-esteem.

Needless to say, I didn't save him. Fortunately for him, he (and perhaps God) saved himself. Paradoxically, it was this relationship that catalyzed MY being saved from a lifetime of unhappiness and perhaps even suicide.

In the beginning I kicked and screamed. I made ultimatums; I forced him to stop certain relationships; I berated him. I rewarded him with love and I punished him by withholding it. All in all, I contributed to both our low self-esteem and I became a controlling maniac giving up my friendships, my creative work, my life. I was even becoming physically ill as a result of this obsession with someone else's life. I became a supreme spy. I liked to say that I could tell what he was up to by reading the molecules upon entering a room that he was in or had been in. To be right became my only objective.

He found SCA, but I didn't need a program. I was in therapy and that was enough. Yet I was still in extreme pain, slipping further and further from reality.

Everything was contingent on his each and every sign of affection. Sex, and how well he performed it, was the most important sign of his love for me. I became a different kind of a sex addict, constantly manipulating sex with him. A friend urged me for six months to try Al-Anon, a 12-Step program for relatives and friends of alcoholics, for lack of some other place to go. Finally I got there on my hands and knees. Even though it was hard at first with all the emphasis on al-

cohol, I saw quickly that the core issues were the same and felt at home with these people who were getting better.

Eventually I met others in the rooms whose lovers were sexual

"I qualified at the first SCA-Anon meeting, on November 24, 1987 . . ."

compulsives. Bob R. was one of them. It was his idea to start a meeting based on Al-Anon for relatives and friends of sexual compulsives. I qualified at the first SCA-Anon meeting on November 24, 1987. It still meets on Tuesdays at 6:30 PM at the Gay and Lesbian Community Center on 13th Street in Manhattan.

So this is a success story. It's been a painful and joyous road to recovery. I can't count the times I've laughed and cried, or the number of friends I've made. Today, this man and I are on a Spiritual path of recovery, even though for us our lover relationship has ended. But I am very grateful to this partner of four years and I love him very much. Most SCA-Anon members remain in their relationships and are learning that true intimacy is possible one day at a time. SCA-Anon and Al-Anon give us tools to feel our original feelings underneath the anger and rage, and tools of communication with the ones we love.

Anyone interested in starting an SCA-Anon meeting can write or call me (c/o the SCanner), and I will send you our combination of literature from Al-Anon and the co-dependency unit of Golden Valley Health Center in Golden Valley, MN. We recommend that members of SCA-Anon attend Al-Anon meeting because of its long history and its addressing of like issues such as low self-esteem, control and shame; and Al-Anon is the place to go for structuring an SCA-Anon meeting. ###

Bits and Pieces . . .

HERE AND THERE

Patrick Carnes ("Out of the Shadows") is now on the SCanner mailing list. Welcome, Dr. Carnes! He is listing SCA among other sexual recovery programs in his new book dealing with recovery, due to hit the bookstores in February, 1991. SCA is also being included in the Golden Valley sexual recovery program hot line listings. . . .

JOSE O., of SC SCA, has transcribed some of the SCA core literature into Spanish and these are now being distributed. Jose may be reached at (213) 654-2764. . . .

The Rochester, NY and Santa Fe, NM meetings are now running about 8 members each and growing! Recovery is the name of our game, and it is happening all over! . . .

Welcome to the new SCA group in Paso Robles, CA, formed in June. The group is regularly running 5 to 6 members. It joins SCA groups in Santa Maria and San Luis Obispo, and an SAA meeting in San Luis, in bringing the hope of recovery from sexual addiction/compulsion to the Central Coast of the Golden State. . . . We also welcome several new groups in the BIG APPLE and a weekly summer meeting on Fire Island, NY. . . . Another big welcome to the new groups in Northridge and Palm Desert, CA. . . .

Southern California SCA recently mailed out about 400 information letters to attorneys, therapists, DAs, clergy, etc. Copies are available from Marshall L. (213) 656-3293. . . .

The Manchester, England, and Provincetown, MA meetings have been suspended for now, but the CONTACTS remain. . . .

George M. reports that the three San Diego meetings are going great guns — attendance of 20 to 25 is becoming a common occurrence! . . . There are new addresses for the Albany, NY, and Atlanta, GA., meetings, which are listed with the outreach contacts. . . .

That's all the Bits and Pieces for this issue. Send us your items and we'll include them in the next issue of the SCanner. ###

SECOND 1990 SOUTHERN CALIFORNIA RETREAT

BEING WITH MY FAMILY OF CHOICE

It's about 5:00 AM the second day after returning home from Santa Barbara as this is being written. The full moon is lighting up the countryside. Feelings stirred up at the Retreat are gently coming to mind — sometimes referred to as "processing" — and sleep doesn't seem all that important.

Twenty-nine SCA members — including three women — gathered over Memorial Day Weekend at the Mount Calvary Retreat House for the second Southern California Retreat of the year. It was a very intense spiritual and emotional experience, as these gatherings usually are. More than once, the phrase "being here with my Family of choice" was heard during the many shares of the weekend. Being with my Family of choice, rather than holiday partying, or rather than being with biological family or acquaintances who aren't as appropriate as they might seem to have been at one time, or rather than being caught up in the addiction.

The Retreat opened up with a general meeting Friday night where members read from "Answers In the Heart," and shared their expectations for the weekend — or fears; such as how to handle sleeping in the same room with another addict. After the meeting, the house settled into the GREAT SILENCE and participants gathered in small groups in the "talking room" or outside in the balmy evening, or went off to their rooms.

Next day, warm and sunny, the major activities got underway. The morning workshops were divided into three subjects: STEP WRITING (Michael M.); BREAKING

BARRIERS TO INTIMACY (Gary S.); and ACCEPTANCE AND FORGIVENESS (Art F.). Very difficult to make the choice of which one to attend. Comments heard throughout the day indicated that all of them were very meaningful and very well done. We faced another choice of three in the afternoon after lunch: DATING (Steve W.); PLAY (Jim R. / Kenneth R.) — where our "little guys" inside got a chance to come out in the open; and LET GO/LET GOD (George M.). The feeling of Family pervaded the whole atmosphere of that house.

Several hours of free time in the late afternoon enabled participants to amble off into the hills, cry, read, talk, nap or to attend a special, very intense meeting for HIV+ members. In the evening meeting, the sharing became much more intimate; the words came from all our hearts; we were opening up and being very honest with ourselves and the rest of the Family. We were being together for 48 hours in a living situation, rather than for a couple of fleeting hours at our meetings. A very big difference!

Sunday morning, those attending Mass heard words from the Superior which came from his heart and went deeply into ours. The feelings, and often tears, really welled up in that room; especially as the celebrants went around the room, warmly hugging and offering "Peace be with you" to each other.

The last workshop took place in the huge living room: REINTEGRATION OF SEX INTO ONE'S LIFE BOTH INSIDE AND OUTSIDE A COMMITTED RELATIONSHIP (Laura R. / Carol N.). Reaction was, in the main, something of being very overwhelmed with the enormity of our dis-ease and recovery and the very importance of one day, one step, one thing at a time. ###

Food for Thought

SERENITY PRAYER

"God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."

How many times have we heard and said this famous, short masterpiece, used by millions over the years? How many times have the words gone through our heads or passed our lips? Yet have we really taken the time to think just what it means? Just part of the ritual, many of us have thought. But with more and more time in the Program, the words began to take on more meaning and the Prayer really began to make sense and become a true tool for our everyday living.

"Serenity" The dictionary (Webster's New Collegiate) defines it as "the quality or state of being serene; clear and free of storms or unpleasant change; shining bright and steady in glory; marked by or suggestive of utter calm and unruffled repose or quietude." Wow! That Prayer says by acceptance, courage and wisdom.

"... to accept the things I cannot change..." In our everyday lives there are scores of people, places, things which none of us have the ability to change, no matter how hard we try. That gorgeous number has every right to walk down the street dressed to leave very little to the imagination. Our partners have a right to have and express and act on their feelings, no matter if we like that or not. The person down the street can be an angry, hostile asshole all he wants, even if it "tears us up." The stereo is going to break down when its time is right, whether we like it or not. We might come down with the three day flu, just when the "date of the year" is coming up. Those porno movies and bookstores are just businesses, no

matter if they're "sleazy" or not, and are just a part of the scene.

"... courage to change the things I can..." There are lots of these kinds of things. Our addictions. Our manner of thinking and living — being controllers, manipulators, judging others and ourselves including the asshole. The language and nuances we use. Maybe the suggestive way we dress. The way we don't take care of ourselves.

"Courage" could read "willingness," too. Willingness to take hold of our lives and take responsibility for each of our choices — choices given us as free spirits by our Higher Power. Because we are fully responsible for them, whether we like it or not. No one else is going to take responsibility for us. We can blame others all we want for all the shit that's gone down for us, but the bottom line is: Baby, it's all ours! So, with this Prayer, we're asking our Higher Power to give us the courage to take actions for ourselves, and not expect George to do it. We can't just sit back and expect our Higher Power to do it all for us either; we need to take action with His guidance.

"... the wisdom to know the difference." While some things are pretty obvious as to whether we can do anything about them or not, there are many "fine line" things in our lives, too. Things maybe that aren't the best in the world for us, but, for the time being might be an OK thing to ease the pain while we go after the biggies. Others are even more subtle than that, and we're pretty hard put to try to discern for ourselves which things we should just accept and let be, and which things need our action or attention. So, in this part of the Prayer, we are asking our Higher Power for His guidance, to know His Will for us, for clarity in each decision we make, or need to

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Chicago SCA Upbeat

By Steve W.

Chicago SCA celebrated its first anniversary at the New Town Alano Club on August 6th. Approximately 40 members attended the meeting. Michael L., the meeting's founder brought a cake to celebrate after the meeting. The cake was sugarless too! And delicious. For those of us who attended the first meetings of SCA, the event was truly a celebration of sobriety and miracles, since the first meetings were sometimes attended by only three to six people. The need for SCA in Chicago is clearly apparent with now five meetings being held every week and some new meetings being planned.

Oconomowoc?

Yes, there is such a place in Wisconsin just west of Milwaukee. This lakeside retreat center was the sight for a weekend retreat of Sexual Recovery groups from the greater Chicago and Milwaukee areas. Participating in the retreat were members from SLAA, SAA and SA, as well as a very strong showing from Chicago SCA. Of the approximately 60 people attending this retreat, there were 11 representatives from Chicago SCA. As a result, on the last day of the retreat, there was an unscheduled breakoff from the group for a gay meeting. This meeting, as well as support from Chicago SCA members, has now spurred interest on the part of Milwaukee members to start an SCA group in that city! I guess that's how Bill W. must have done it too!

Another benefit from the retreat is that it introduced SCA to other men and women in sexual recovery

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SCAnning New York

(Continued from page 2)

John would welcome ideas on the subject from members everywhere. His number is (212) 580-1650.

PUT THE BLAME ON SHAME

Recently New York SCA has been examining the effects of shame on sexual compulsion — and vice-versa — in a series of seminars.

The idea came from the Montreal Group, which felt that SCA wasn't talking enough about shame. They asked the International Service Organization to look into revising the fourteen characteristics, stressing the shame factor in sexual compulsion.

After a long discussion, ISO decided not to revise the characteristics, but to sponsor a special seminar here in New York to explore Shame and Sexual Compulsion. It would be decided, from the response, whether an SCA pamphlet on the subject was warranted.

The seminar, in late May, was led by three members (an SCA old-timer, a woman incest survivor, and a veteran of Golden Valley), and the sharing afterward was unusually intense. This first event was so well attended and had such a profound effect on participants ("That night I finally felt able to surrender to the Program," one member later said) that a Shame workshop was scheduled at the last minute for the anniversary conference in June. The response was equally enthusiastic.

A third Shame event took place on a steaming evening in early July, when we viewed "John Bradshaw on Shame", a videotape lent to the group by George F.

Members' reactions, once again, were highly charged with emotion. (George said he'd watched the tape several times before, but

seeing it with other SCA members was a totally different kind of experience.)

Notes were taken at all three events, and a committee has been formed by Literature Chair Robert K. to synthesize them into an SCA pamphlet. The Shame Committee's first meeting is scheduled for the beginning of August.

If this pamphlet captures some of the depth and emotion of the sharing at these three Shame seminars, it will be a piece of SCA literature well worth waiting for. ###

SCA Intergroups

(Continued from Page 1)

This brings us to the subject of how the Intergroups finance themselves. Some of the money comes from fund-raising activities, but most of it must come from the member groups. Of course some of these barely make their own expenses, if even that, and are not expected to contribute to their Intergroup as well. But the other groups having funds in excess of their expenses, are asked to contribute to the support of their Intergroup, while keeping a prudent reserve in their treasuries.

No Group is "required" to contribute in order to retain membership in their particular Intergroup, but it is very important to keep in mind that Intergroups and the ISO perform very valuable services to aid in our recovery and to reach out to those needing our Program.

Our SCA Intergroups deserve group and individual member support. May we suggest that the GSR's discuss their Intergroup at their Group meetings, and whip up some financial support — and active participation. IT WORKS, WHEN YOU WORK IT!

(Editor's Note: The writer's Intergroup experience has been with the Southern California organization. Realizing that each Inter-

group has differences in the emphasis it places on various activities, the SCanner invites more detailed information from each of them for future issues. That's what Fellowship is all about.) ###

New Look

(Continued from Page 1)

We'd especially like to thank and acknowledge Gene T. for technical help with the computer telecommunications link, Doyle S. for word processing and desktop publishing and Ron C. for designing the headline banner for this issue.

Working out technical problems delayed publication this time, but we've learned a lot. We look forward to providing you with an even more polished and professional newsletter in the future. The SCanner will improve with time and only with the increased participation of all of you. Submissions are needed and welcomed from all SCA members everywhere. Send them to:

Richard K., c/o SCA
4470-107 Sunset Blvd., #520
Los Angeles, CA. 90027.
###

CORRECTION

In the July-August issue of the SCanner, incorrect phone numbers were listed for the Chicago Information (Voice Mailbox) Line and the Chicago Alano Club. The correct number for the SCA Information line in Chicago is: (312) 589-5856. We sincerely regret any consternation this may have caused.

Chicago SCA Upbeat

(Continued from page 2)

who have since visited our meetings. Visitors always seem to be struck by the Fourteen Characteristics which is read at all SCA meetings. So the SCA message is being spread in this part of the Midwest.

Intergroup?

Yes, Chicago SCA now has a very active Intergroup which is in the process of planning a number of events and activities. The Twelfth Step Committee is now organized to answer, on a daily basis, those calling into the new SCA phone number. That number, (312) 589-5856, is now published in a number of Gay newspapers in town. Callers receive a recorded

From Your Servant

(Continued from page 2)

likely only a glimmer in his parents' eyes when that music was first popular.

And there are the Farmers' Markets in each community — complete with farmers' sons, and more putting the 3-second rule into use, along with stocking up on some great veggies.

I'm also attending SCA meetings in SLO (open) Saturdays, and Paso Robles (closed) Wednesdays. Small meetings, just getting really going, but the members are very serious about their addiction, and even moreso about their recovery from it.

And with all this good stuff, a considerable amount of grieving for the Program and Church Families back in Orange County — and that's OK, too. It wasn't too long ago that I was grieving the "loss" of my bottom-line activities!

There's a lot of work left to do here, but it will be done a day at a time, just like everything — including recovery — must be done. ###

Richard K.

message of the SCA Preamble and a listing of meeting times and locations. Callers can also leave a message and an SCA volunteer will get back to them.

Chachkas?

Do you like Chachkas? Well, a lot of great people did as the SCA Fundraising Committee sponsored a rummage sale in conjunctions with the New Town Alano Club on September 15th. This was the first fundraising event sponsored by Chicago SCA toward raising enough money to augment our literature fund and phone line fund, as well as provide a donation to the SCA International Service Organization. SCA's presence at this rummage sale also further brought SCA consciousness to members of other twelve-step groups who attended the event and who perhaps identified with the need for sexual recovery. ###

Food for Thought

(Continued from page 5)

make, and, really, for the strength to carry out a decision once it's made.

And all this comes through, if and when we let it. But it takes surrender — and acceptance. It takes shutting up and listening and going with the feeling, with the real intuition. It's there. Waiting for us to pick up and run with it — one day at a time.

An old Mother Goose rhyme has another way of looking at it:

"For every ailment under the sun,
There is a remedy, or there is none;
If there be one, try to find it;
If there is none, never mind it."

Recovery is a miracle. Each one of us is a walking miracle. ###

MEETINGS

In the interests of more effective use of space in the SCanner, we will provide only the generalized list below. For additional details — locations, times and contacts — or for listing a new meeting with SCA Outreach, please write:

SCA New York
PO Box 1585
Old Chelsea Station
New York, NY 10011
or
SCA Southern California
4470-107 Sunset Blvd., #520
Los Angeles, CA 90027

Or call:

Brian K. (NYC) (212) 873-8168

or

Marshall L. (LA) (213) 656-3293.

SCA INFORMATION LINES
(recorded message and call-back):

New York (212) 439-1123
Los Angeles (213) 859-5585
Chicago, IL (312) 589-5856
Orange County, CA (714) 664-5105
San Diego, CA (619) 528-9888

SCA Meetings are located as follows:

New York Metropolitan Area
(36 meetings)

Los Angeles - Orange County
Metropolitan Area:
(18 meetings)

Albany, NY (3); Atlanta, GA (2); Chicago IL (5); Glen Ridge, NJ; Middletown, NY; Montclair, NJ; Paso Robles, CA; Rochester, NY; San Diego, CA (3); San Luis Obispo, CA; Santa Fe, NM; Santa Maria, CA; and Paris, France (3).

Meetings are our major tool of recovery; attending regularly will do wonders. When you're traveling, don't leave home without knowing where one is! ###

S. C. A. WEST COAST NATIONAL CONVENTION

Presidents' Day Weekend February 15-17, 1991

Los Angeles City College
855 S. Vermont Avenue
Los Angeles, CA.

Keynote Address
by
Patrick Carnes, Ph. D.
Author of *Out of the Shadows*

NAME: _____
ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____
PHONE: _____

No fees or charges for Convention activities.

Check here if you would like information about free accommodations in SCA members' homes: ☐

Optional Brunch - Sunday, February 17, 1991 - Book signing by Patrick Carnes
Convention Fundraiser - \$20.00 Donation Requested. Make checks payable to SCA.

Will you be attending Brunch? Yes ☐ No ☐

Additional Donation: _____

(Your generosity will help fund future conventions.)

Mail to: SCA Convention
4470-107 Sunset Blvd., #520
Los Angeles, CA. 90027

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if you mention SCA Convention.